



## STUDENT SUPPORT SERVICES

**Aim:** To ensure students enrolled at all the constituent units of Sikkim Manipal University (SMU) which include Sikkim Manipal Institute of Medical Science (SMIMS), Sikkim Manipal Institute of Technology (SMIT), Sikkim Manipal College of Nursing (SMCON), Sikkim Manipal College of Physiotherapy (SMCPT), Biotechnology, Paramedical, Hospital administration, Humanities, and Social Sciences (HSS) courses receive intended extra support during the various level of studies, and they are safe and secure through code of practice and quality assurance set at the standards complying to the higher education policies by the pertinent governing bodies.

Thus, the University and the Constituent Colleges/Units are integrally involved in various types of supports which are arranged by the competent authorities at SMU, Academic faculties of various Units, the Human resources team, and the Technical Support Unit.

The services are:

- + **Health and well-being (including mental health)**
- + **Funding & Scholarships**
- + **Career Counselling and Placements**
- + **Social Development Activities**

### Health & well-being

SMU offers many interesting, exciting, and challenging opportunities throughout the year to empower the student learning experiences, and yet at times some of the students may find such fast-paced changes and schedules overwhelming, hence a dedicated health and well-being unit is created to cater to any crisis a student may face. Some of the key features of health and well-being services are as follows:

- + **'Let's talk support'** especially for mental health issues is a confidential service. Any student feeling distressed can contact **Dr. Geeta Shoonida**, who is a clinical psychiatrist and an Associate Professor at SMIMS. For appointments, please contact: [studentsupportservices@smu.edu.in](mailto:studentsupportservices@smu.edu.in)
- + **'Student Health Check'** service is a plan for all the students of SMU. The students can approach a representative as indicated in the flyer for planning their yearly health check timeslots.

**CRH** SIKKIM MANIPAL UNIVERSITY  
CENTRAL REFERRAL HOSPITAL - SMIMS

✓ PAEDIATRIC/MEDICINE CONSULTATION  
✓ OPHTHALMOLOGY CONSULTATION  
✓ DENTAL CONSULTATION  
✓ ENT CONSULTATION  
✓ DERMATOLOGY CONSULTATION

**Rs 100/-**  
CRH Helpline No. - 1800 120 2114

**STUDENT HEALTH CHECK**

SCHEDULE YOUR APPOINTMENT TODAY  
Contact: 9733187170/8927802248

- + **'Disability support'** caters to students with a range of physical disabilities. The main support includes special time and personalized sessions for students with disabilities.

## Funding & Scholarships

At SMU a range of funding and scholarship opportunities are available for the meritorious students throughout the year. Whilst some of the funds are available to the students through the University and College scholarship schemes, Student funds are also granted through the State, Central Government of India, and other such established organizations. All campuses/units at SMU currently offer scholarships and the details for this can be found by accessing the link:

<https://smu.edu.in/smu/admission/important-links/scholarships.html>

<https://smu.edu.in/smu/global-search.html?q=scholarships>

Starting in 2017 endowment funds research projects were introduced for developing the student-centric research prospects. The research projects are screened through the Institutional Research Committee (IRC) and the best projects are encouraged to be developed further. Throughout the process of the research studies, students are mentored by experienced faculties.

More Information on student funding can be requested from our walk-in campus offices.

## Career Counselling and Placements

- + **Career counseling and development** is an important component of student life and to enrich the process of becoming the best any student can be the individual departments/units/college provides guidance's on the intentional decision-making process through counseling. The career counseling and development plan overlaps with the teacher-guardian scheme which is one of the best practices of Sikkim Manipal University. The faculties associated with the career counseling process are nominated by the Unit Heads and can be approached through their teacher guardian.
- + **Placements at SMU** normally come about through students' engagement with experiences that they find interesting, varied, and to an extent challenging, and it is facilitated by supportive environments where students feel valued. Students are most likely to engage when they have their work

or project and when there is ample supervision initially, but more autonomy as they become experienced. Under such circumstances, they can develop academically, professionally, and personally. Thus, placements at SMIMS, SMCPT & SMCON are thorough:

**Central Referral Hospital professional practice placement support for Medical Campuses:** To develop the practical skills and competencies associated with a medical profession, including its ethical practices and procedures, students as interns and junior doctors gain experience through work shadowing and working alongside qualified professionals in CRH primarily. The students thereafter evolve to take up higher educations as MD or Ph.D.'s. The materials required for preparations of such competitive career paths are available at the central library of SMIMS along with expert guidance from the academic faculties and other professionals.

**Professional practice placements for the Technical Campus (SMIT) can be found by accessing the following link:**

<https://smu.edu.in/smit/know-smit/training-placements/placement-performance-smit.html>

- ✦ **Student conferences/seminars & webinars** are other ancillary support conferred to garner the undergraduate and postgraduate research activities of the medical, para-medical graduate & postgraduate students from Sikkim Manipal University. The focus of such meetings is on the development of young research trainees and scientists of SMIMS, SMIT, SMCON, SMCPT, and other medical, paramedical and non-medical Units to provide students with opportunities and to allow them to present their work in the scientific sessions which are set at a standard of national & international conference.

### **Social Development Activities**

SMU fosters and encourages the participation of students in various cultural, social, and recreational activities and committees throughout the year. Activities include events like AURA, Sports week, run for a cause charity event, Independence Day celebrations, teachers, students, fresher's & sophomore day; Quizzes, puzzle, and riddle-solving week, debates, and deliberation week, and many other such initiatives are aligned for overall social development of the students enrolled at SMU.



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