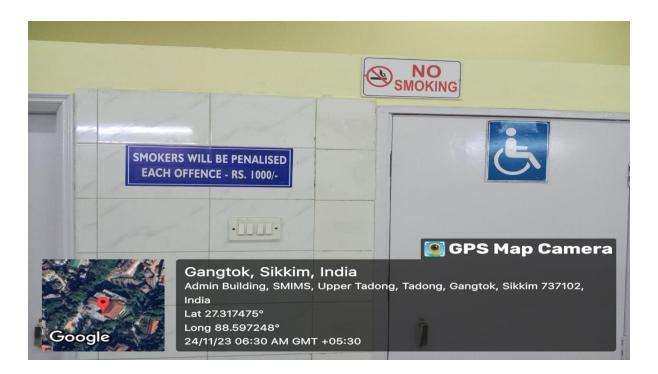


SMOKE FREE POLICY

Sikkim Manipal University follows the policies as mentioned by University Grant Commission, GoI and amends necessary changes as per their suggestions & accordingly (details of policy is provided in Annexure A).

Boards are placed at different location across the university mentioning no smoking zone.



Strict action is taken against students if found smoking or carrying illicit items inside the campus (Standard instruction is provided in Annexure B)



232/SMU/REG/AIA/ / 2022

08 February 2022

To ·

Dean, SMIMS

Director, SMIT

Principal, SMCPT

Principal, SMCON

MS, CRH

Convenor, DHSS

Head Department of Medical Biotechnology

Departmet of Paramedical Courses

Department of Hospital Administration

Head, HR SMU

Sr. Finance Officer, SMU

Head GS, SMU

FOLLOWING OF UGC POLICY FOR CREATING A HEALTH & TOBACCO FREE ENVIRONMENT IN SIKKIM MANIPAL UNIVERSITY (SMU) & ITS CONSTITUENT UNITS

A copy of University Grant Commission policy vide letter F.No- 21-129/2021(CPP-II) dated 04 February 2022 is forwarded herewith for the strict compliance please.

Encls: One page



(Prof (Dr) K.S. Sherpa) Registrar





University Grants Commission (शिक्षा मंत्रालय, भारत सरकार)

विश्वविद्यालय अनुदान आयोग

(Ministry of Education, Govt. of India)

वहादरशाह जफ़र मार्ग, नई दिल्ली-110002 Bahadur Shah Zafar Marg, New Delhi-110002 Ph.: 011-23236288/23239337

> Fax: 011-2323 8858 E-mail: secy.ugc@nic.in

प्रो. रजनीश जैन सचिव

Prof. Rajnish Jain Secretary

F.No. 21-129/2021(CPP-II)

0 4 FEB 2022 2nd February, 2022

Subject: Creating a health and tobacco free environment in Educational Institutions

Respected Madam/Sir,

As you are aware, tobacco control has been one of the high priorities of the Government of India. UGC has been issuing letters to all the HEIs to take steps for both prevention of initiation of tobacco use among the youth and providing cessation services. Cigarettes and Other Tobacco Products Act (COTPA)-2003 contains specific provision to discourage tobacco use among youth, such as ban on smoking in public places in higher educational institutions and prohibition of sales of tobacco products within 100 yards of any educational institutions.

You may also be aware that Ministry of Health and Family Welfare, Government of India have notified the guidelines for Tobacco Free Educational Institution containing measures for tobacco control and role and responsibilities of Educational Institutions to achieve the objective of creating tobacco free environment. These guidelines are available on https://ntcp.nhp.gov.in/assets/document/TEFI-Guidelines.pdf.

It is important that all possible measures are taken to curb the use of tobacco and create awareness about harms due to tobacco use. All HEIs are requested to take appropriate action/measures to create awareness among students on the harmful effects of tobacco use which shall lead to realize the goal of creating a healthy and tobacco free environment in educational institutions.

With kind regards,

Yours sincerely,

(Rajnish Jain)

The Vice-Chancellors of All Universities



Guidelines

TOBACCO FREE EDUCATIONAL INSTITUTION (Revised)

Guidelines for Tobacco Free Educational Institution (Revised)

1. BACKGROUND:

1.1 Tobacco Prevalence:

- 1.1.1 Tobacco use is the single largest cause of preventable deaths and illness worldwide and it kills half of its users prematurely, mostly in their most reproductive age. Tobacco use is a major risk factor for Cancer, Cardiovascular Diseases (CVD), Diabetes, Chronic Lung Disease, stroke, infertility, blindness, Tuberculosis (TB), Oral Cavities etc. There are mainly two forms of tobacco Smoking Tobacco and Smokeless Tobacco. Cigarettes, bidi, hookah are smoking tobacco whereas khaini, zarda, gutkha etc. are smokeless tobacco.
- 1.1.2 According to the Global Adult Tobacco Survey (2016-17), 28.6% of adults (15 year and above) in India use tobacco, overall there are about 27 crore tobacco users: 20 crore of them smokeless tobacco users, 10 crore smokers and 3.2 crore use smoking as well as smokeless tobacco. The prevalence of tobacco use is highest in Tripura (64.5%) followed by Mizoram (58.7%) and Manipur (55.1%).
- 1.1.3 As per the Global Youth Tobacco Survey (GYTS), 2009, 14.6% of students in India aged between 13 to 15 years use tobacco. GYTS is a nationally representative school-based survey of students in grades associated with age 13 to 15 years.
- 1.1.4 In India, over 13.00 lakh people die from tobacco use every year, i.e. about 3500 people die in India everyday due to tobacco use.
- 1.1.5 Exposure to Second-hand Smoke (SHS) or passive smoking causes numerous health problems in infants, children and adults including more frequent and severe asthma attacks, respiratory infections, ear infections, sudden infant death syndrome (SIDS), coronary heart disease, stroke, lung cancer etc.
- 1.1.6 Spitting of tobacco/tobacco products is also a public health hazard, as it may lead to spread of swine flu, pneumonia, gastro-intestinal diseases, creating a potential risk of transmission of Tuberculosis as Tuberculosis Bacilli can survive in spit for an entire day or nuisance to the people in general.

1.2 Tobacco Control Efforts:

- 1.2.1 The Government of India enacted its comprehensive tobacco control law the Cigarettes and other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act, 2003 (COTPA 2003) in 2004, with a view to make provisions to effect reduction in tobacco use.
- 1.2.2 Various Rules were notified for effective regulation of tobacco products from time to time. These provided for prohibition of;
 - Smoking in public places,
 - Sales of tobacco products to and by minors,
 - Sale of tobacco products within 100 yards of educational institutions and,
 - Direct and indirect advertising and promotion of tobacco products.
- 1.2.3 Apart from these provisions, display of statutory warning on tobacco packs was also

- implemented. The same has now been revised for 85% of pack area to be covered with the warnings along with display of the national quit-line number.
- 1.2.4 India has also effectively implemented the rules for restricting the depiction of tobacco products in films and television programs. It is mandatory to display the statutory warning during the display of tobacco products in films & television programmes and anti-tobacco video spot & disclaimer at beginning and middle of the films.
- 1.2.5 Smokeless Tobacco Products such as Gutkha, Zarda, Khaini etc. have been prohibited vide the Food Safety and Standards (Prohibition and Restrictions on Sales) Regulation, 2011 under Food Safety and Standards Act, 2006.
- 1.2.6 Tobacco control efforts of India gained a fresh impetus with launch of the National Tobacco Control Programme (NTCP) in 2007-08. NTCP is a comprehensive programme, which not only provides a robust framework for implementation of tobacco control laws/initiatives but also focuses on community engagement, school programme, IEC and advocacy.
- 1.2.7 Various cessation services have been set up under the NTCP. A national quitline was launched in 2016. The capacities of the quitline have now been expanded to cater to the higher volume of calls from prospective quitters in view of display of the quitline number on tobacco packs. The quitline caters to around 2.5 lakh telephone calls every month. Over 400 Tobacco Cessation Centers have been set up. "mCessation" services are also being provided through a mobile app.

A summary provisions for tobacco control under various Acts and Rules is given in **Annexure I**.

2. Introduction:

- 2.1 The second round of Global Adult Tobacco Survey (GATS2) was carried out in 2016-17 and its report was published in 2018. A 6% absolute decline in tobacco use has been observed in GATS2. This demonstrates the success of India's tobacco control efforts.
- 2.2 However, tobacco use remains very high and these efforts need to be scaled up and sustained. New and emerging electronic products (e-cigarettes and like products) pose new challenges to these efforts.
- 2.3 Given that the GYTS and GATS indicated that there is significant tobacco use among adolescents and young adults as they are most vulnerable to the exposure to tobacco use, the Government of India had released\launched\prepared the "Guidelines for Tobacco Free Schools/Educational Institutions" in 2008 and "Step by Step Guidelines for implementation of Section 6 (b) of the Act and Rules" in 2017. Many new initiatives have since been taken. The GATS2 data has also suggested that there is need to review the earlier guidelines, hence these guidelines.
- 2.4 Objective of these Guidelines is to provide a fresh momentum to implementation of tobacco control initiatives among adolescents and young adults. These guidelines may be implemented by any educational institution, including schools at all levels, colleges for higher or professional education and universities, both in public and private sector.

- 2.5 Implementation of these guidelines should result in -
 - More awareness about harmful effects and long-term health impact of tobacco use amongst the students, teachers, workers and officials in educational institutions.
 - Awareness about various avenues available for tobacco cessation.
 - A healthy and tobacco free environment in educational institutions and all educational institutions becoming tobacco free.
 - Better implementation of legal provisions regarding sale and use of tobacco products, especially those related to educational institutions, public places, statutory warnings and minors.
- 2.6 These guidelines provide a framework for achieving the above-mentioned objectives. Apart from specifying the factors for a Tobacco Free Educational Institution (ToFEI), these guidelines also detail the roles and responsibilities for various stakeholders.

3. TOBACCO FREE EDUCATIONAL INSTITUTION

- 3.1 An Educational Institution (EI) should display "Tobacco Free Educational Institution" signage as specified in Annexure II in the premises of the EI; and a "Tobacco Free Area" signage as specified in Annexure III outside the EI. The signage could be in the form of boards or wall paints. It may be noted that the formats given in the Annexures II and III are only suggestive. The Educational Institution is encouraged to innovate or adapt the signage according to their capacity and context. Care should also be taken to communicate the correct intended message while customizing the signage. The signage should be displayed in the language of instruction in the Educational Institution and also in the local language if it is so possible.
- 3.2 The signage should be displayed at prominent places outside and in the premises such as on the boundary wall, the main entrance, the official notice boards and any such place where the management thinks that these would communicate the intended message effectively.
- 3.3 The Educational Institution should designate Tobacco Monitor(s) from amongst their staff, an official or a teacher or a student representative (the student from class IX onwards). Health & Wellness Ambassadors should also be designated as Tobacco Monitors. The name, designation and phone number of the Tobacco Monitor(s) should also be mentioned on the signages. Multiple Tobacco Monitors may be designated and in-fact it might be a good idea to do so. For example appointment of a Tobacco Monitor for each class from amongst the students in the class. Participation of the most important stakeholder, the students of secondary school (classes IX to XII), would be key to successful implementation of the initiative. Care should be taken that tobacco users may not be designated as Tobacco Monitors.
- 3.4 The EI management should ensure that *no tobacco products are sold* inside the premises and in an area within a 100 yards from the premises. Any violation should be reported to the National Quitline at 1800-11-2356. The Management should also, if possible, with the help of local law enforcement authorities and community, including parents, make efforts to stop such sales. It may be noted that the Head of the Institution is also authorized to collect fine for violation of section 6(b), sale of tobacco products within 100 yards of an educational institution. EI should also with the help of local authorities mark such boundaries /area which clearly defines the 100

- yards area to ensure that no tobacco products are sold within marked area.
- 3.5 The EI management must not permit any use of tobacco products in the premises of the institution by anybody, including students, teachers, other staff members, school buses' drivers & staff and visitors. Observance of the "No Tobacco Use" norm should be included in EI's code of conduct guidelines and action should be taken against such violations as per EI's internal policy. This may include community service, information to and discussions with parents. Another suggestion is to make tobacco users ineligible for the Student\Teacher\Staff of the Year Award or other awards given for co-curricular excellence.
- 3.6 Since the premises of all EIs by their nature are public places, smoking inside the premises of an EI is a violation of section 4 of the COTPA. The Head of all Educational Institutions are also authorized to impose and collect fine under the COTPA, 2003 for such violations.
- 3.7 The Food Safety and Standards (Prohibition and Restrictions on Sales) Regulation, 2011 prohibits the use of tobacco and nicotine as ingredients in food products and as such various States have issued necessary orders for prohibiting the sale of Gutkha and Pan Masala (containing tobacco or nicotine). In 2016, communication was sent to all States/UTs to pass necessary orders in compliance of the Hon`ble Supreme Court order dated 23.09.2016 and ensure that the manufacture, storage, distribution or sale of gutkha and pan masala (containing tobacco or nicotine) and any other products marketed separately having tobacco or nicotine in the final product by whatever name called, whether packaged or un-packaged and/or sold as one product, or though packaged as separate products, sold or distributed in such a manner so as to easily facilitate mixing by the consumer is prohibited in the jurisdiction of the respective States. Though Pan Masala without tobacco and/or nicotine is a standardized product under the Food Safety and Standards Act, 2006 and Regulations made thereunder, it may be noted that it is injurious to health and its use should be discouraged.
- 3.8 The EI should also help tobacco users and tobacco addicts to quit tobacco by encouraging them to avail the Quitline services and mCessation services. Information about these services can be obtained from the Quitline.
- 3.9 A ToFEI must not participate in any event sponsored by any firm or a subsidiary of a firm or a seller, which promotes the use of or manufactures or sells tobacco products in any form. Els/ Students should also not accept any prize or scholarship instituted by such firms.
- 3.10 The EI management and the Tobacco Monitors must also be vigilant to note the tobacco substitutes such as e-cigarettes and the like devices viz. Heat-Not-Burn devices, Vape, e-Sheesha, e-Nicotine Flavoured Hookah. Such products, though not tobacco products, are also harmful for health. E-cigarettes come in many shapes and sizes which look like regular cigarettes, cigars, pipes, pens, USB flash drives, with sleek high-tech design with re-chargeable batteries. These products are usually marketed as being safer alternatives for conventional cigarettes but such notion of safety is false. There is evidence that these products induce adolescents and young adults to nicotine use leading to addiction. Any use of such products on the campus may be reported to the Quitline.
- 3.11 The Institution may use the Self-Evaluation Scorecard for Tobacco Free Educational Institution given in Annexure IV, to assess the status of implementation of the ToEFI Guidelines in their institution on half-yearly basis and to get a certificate to this effect to those Els who score 90% and above marks. Once the El is satisfied that they have achieved the benchmark score, the

El can choose to participate in the ToFEI Award Scheme. A ToFEI Certificate will be awarded to a ToFEI if the El's score is found to be equal to or more than the benchmark score after verification. Details of the ToFEI Award Scheme will be issued separately by the MoHFW.

- 3.12 **Tobacco Control activities**: The EI should undertake tobacco control activities from time to time. Some suggestive activities are as under
 - Assemblies for taking pledge against tobacco,
 - Poster/slogan/essay/quiz/debate competitions and street plays etc. Posters so developed with information about the harmful effects of tobacco should be displayed at prominent places in the educational institution.
 - The EI management should encourage tobacco control initiatives by students /teachers/ other staff and certificates of appreciation or awards may be given to those who take initiative and do good work in this regard.
 - The EI should invite the local law enforcement authorities /and health authorities to be the part of school assembly and deliver an address on tobacco control. This will facilitate in advocating the policy makers on tobacco related issues.
 - Marking of 100 yards area from the outer limit of boundary wall / fence of the El.

The above list is only suggestive and the EI team should explore other options as well.

4. ROLES & RESPONSIBILITIES

- 4.1 Ministry of Health & Family Welfare Tobacco Control Division (National Tobacco Control Cell)
 - 4.1.1 To ensure that communications/advisories are sent to State Tobacco Control Cell for monitoring these guidelines at regular intervals.
 - 4.1.2 IEC materials/ prototypes like posters, flip charts, brochures must be disseminated to States and uploaded on the NTCP website www.ntcp.nhp.gov.in
 - 4.1.3 To collaborate with Ministry of Human Resource Development (Department of School Education and Department of Higher Education) for inclusion of a chapter on the harmful effects of tobacco use in curricula.
 - 4.1.4 To develop a monitoring mechanism for evaluation and assessment of implementation of Guidelines for ToFEI through internal review mechanism.
 - 4.1.5 The National Cell will also put a mechanism in place for certification of Els and for providing a Certificate to an El that successfully reaches the benchmark score of 90/100.

4.2 STATE/DISTRICT TOBACCO CONTROL CELL:

4.2.1 Coordinate with State Education Departments (School/Higher/Technical/Medical Education) to institutionalize tobacco control by incorporating tobacco control activities in their Academic calendar. Efforts should also be made to make these guidelines a part of the terms and conditions for affiliation to the State Education Board.

- 4.2.2 Coordinate with State Education Departments for sending circular to all Heads of Institutions to comply with the guidelines and permitting them to utilize the funds available under the untied grants available to Educational Institutions through government grants.
- 4.2.3 District Authorities and Local Bodies should be encouraged to set up institutional mechanisms to facilitate implementation of these guidelines and monitoring and review implementation and also to provide support to managements of institutions taking initiative for helping enforcement of COTPA.
- 4.2.4 To ensure the dissemination of these guidelines in all educational institutions in coordination with Education Departments. Funds under National Tobacco Control Programme can be utilized for this.
- 4.2.5 To make efforts to get questions related to 'Tobacco Free Educational Institution' included in existing monitoring/inspection mechanism of Education Departments.
- 4.2.6 To engage with Department of Rural Development/Urban Administration for setting up institutional mechanism for supervision and monitoring of these guidelines through Village Health, Sanitation & Nutrition Committees in rural areas and Mahila Arogya Samitis and Mohalla Samitis\Ward Sabhas in urban areas.
- 4.2.7 Representatives of the State Education Departments (School/Higher/Technical/ Medical Education) should be co-opted in the State and District Level Coordination Committees and status of implementation of these guidelines should be reviewed in each of their meetings.

4.3 Civil Society Organizations:

Civil Society Organizations (CSO) can play a pivotal role in implementation of guidelines, specially in its dissemination and in building capacities of managements and teams in Educational Institutions. CSO can also support the STCCs, DTCCs and Els by providing inputs such as technical assistance for IEC. The CSOs can also undertake assessment of implementation status of these guidelines in an El and assist the institution in removing gaps in implementation or mobilize support from the local institutions, wherever necessary. The STCCs and DTCCs can and should look to actively partner with CSOs, wherever possible, for not only implementation but also for eliciting valuable feedback about implementation status and challenges, to effect course corrections.

ANNEXURE - I

ACT	Section	Offence	Penalties	
	Section 4*	Smoking in Public Places	Fine upto Rs.200 under section 21	
	Section 6a*	Sale of tobacco products to or by minors	Fine upto Rs.200 under section 24	
	Section 6b*	Sale of tobacco products within 100 yards of any Educational Institute	Fine upto Rs.200 under section 24	
	Section 5	Direct/indirect advertisement of tobacco products and scholarship/ sponsorship of any event by tobacco companies	Under Section 22- First Offence: Fine up to Rs. 1000/- or imprisonment up to two years or both Subsequent offence: Fine up to Rs. 5000/- or imprisonment up to five years or both	
СОТРА	Section 7	Mandatory display of specified health warnings on all tobacco product packs	Under Section 20 - First Offence for Producer or Manufacturer: Fine up to Rs 5,000/- or imprisonment up to two years or both. Subsequent Offence: Fine up to Rs 10,000/- and imprisonment up to five years Under Section 20 - First Offence for Seller or distributor: Fine up to Rs 1,000/- or imprisonment up to one year or both. Subsequent Offence: Fine up to Rs 3,000/- and imprisonment up to two years	
Juvenile Justice Act	Section 77	Giving or causing to give any addictive substance including tobacco to minors	Upto 1 lakh fine and 7 years imprisonment	
	Section 268	Creating Public nuisance which causes any common injury, danger or annoyance to the public	Fine upto Rs. 200/-	
Indian Penal Code	Section 269	Negligent act likely to spread infection of disease dangerous to life	Imprisonment upto 6 Months or Fine or both	
	Section 278	Making atmosphere noxious to health	Fine upto Rs. 500/-	
Food Safety and Standards Act, 2006 (FSSA, 2006)	Regulation 2.3.4 of Food Safety and Standards (Prohibition and Restrictions on sales) Regulations, 2011	Use of Tobacco and nicotine as ingredients in any food products.	Penalty not exceeding Rs. 10.00 lakh under Section 57 (1) (ii) of FSSA, 2006	

 $^{^{*}}$ A list of authorized officers to enforce the provisions of COTPA, 2003 and Rules made thereunder is as under;

Following persons shall be authorized to impose and collect the fine against the violation of Section 4

Sl. No.	Person Authorized to take action	Description of Public Place
1	Inspectors of Central Excise / Income tax/ Customs/ Sales Tax/Health/Transport and above	All Public Places within their jurisdiction
2	Station Master/Asstt. Station Master/ Station Head/Station in charge	Railways and all its Premises
3	All Gazetted Officers of State/ Central Government or equivalent rank and above in Autonomous Organizations /PSU	Government offices / premises and offices of the autonomous bodies and corporations
4	Director/ Medical Superintendent/ Hospital Administrator	Government and Private Hospital
5	Post Master & Above	Respective Post Office in their jurisdiction.
6	Head of the Institution/HR Manager/Head of Administration	Private Offices / Workplaces
7	College / School/Headmaster Principal/Teacher	Respective Educational Institutions
8	Librarian/Asstt. Librarian/Library in-charge/ other administrative staff in library	Libraries/ Reading Rooms.
9	Airport Manager/Officers of Airport Authority of India and Officers of all schedule Airlines	Airports
10	Director Public Health/ Director Health Services	All Public Places
11	In charge Administration in Central/ State Government.	All Public Places
12	Nodal Officers/Focal Points of Anti-Tobacco Cell at District and State level	All Public Places
13	Police Officers not below the rank of Sub- Inspector of Police	All Public Places within their jurisdiction.
14	Officers of State Food & Drug Administration not below the rank of Sub-Inspector of Police.	All Public Places within their jurisdiction.
15	Representatives of Panchyati Raj Institutions (Sarpanch / Panchayat Secretary)	All Public Places within their jurisdiction.
16	Dist Program Manager/ Finance Manager – Dist Health Society (National Rural Health Mission)	All Public Places within their jurisdiction.
17	Civil Surgeon /Chief Medical Officer(CMO) at District Hospital/ Medical Officer at Primary Health Centre (PHC)	Hospital Buildings /Health Institutions/ dispensaries
18	Registrar/ Deputy Registrar/ Public Prosecutors/ Government Counsels.	Court Buildings
19	Inspector of Schools/ District Education officer	Educational Institutions
20	Traffic Superintendents /Asst Traffic Superintendents / Bus Station Officer / Ticket Collector or Conductor.	Public Conveyances
21	Travelling ticket Examiner/ Chief Ticket Inspectors/ Ticket Collectors/ Officers not below the rank of ticket collector or equivalent rank not below the rank of Asst Sub-Inspector of Railway Protection Force	Railways

Following persons shall be authorized to impose and collect the fine against the violation of Section 6 (a & b)

SI. No.	Authorized Person to enforce section 6 (a & b)
1.	Vice Chancellor or Director or Proctor or Principal or Headmaster or In-Charge of an
	Educational Institution
2.	Assistant Labour Commissioner from the Department of Labour
3.	All officers of the rank of Sub-Inspector in State Food and Drug Administration from the
	Department of Food and Drugs
4.	All officers of the rank of Inspectors from the Department of Education
5.	All police officers of the rank of Sub-Inspector of Police and above
6.	Municipal Health Officers
7.	Representatives of Panchayati Raj Institutions (Chairperson or Sarpanch or Panchayat
	Secretary)
8.	District Programme Manager or Finance Manager- District Health Society (National
	Rural Health Mission)
9.	Civil Surgeon or Chief Medical Officer at District Hospital or Medical Officer at Primary
	Health Centre (PHC)
10.	Block Development Officer, Block Extension Educator(BEE)
11.	Director or Joint Director Department of Health, and Department of Education in the
	State Government
12.	Nodal Officers of State and District Tobacco Control Cell under National Tobacco
	Control Programme

45 CM

ANNEXURE - II (Prototype Sign Board/Wall Paint)

TOBACCO FREE EDUCATIONAL INSTITUTION

Sale of cigarettes and other tobacco products in an area within radius of one hundred yards of this educational institution is strictly prohibited and is a punishable offence.

If you see any violation, please report to –

Name _____

Designation _____

Contact Person ______OR

Call at Quitline Number – 1800-112-356 (Toll free)

By Order

60 CM

45 CM

ANNEXURE -III (Prototype Sign Board / Wall Paint)



60 CM

ANNEXURE - IV

Self-Evaluation Scorecard for Tobacco Free Educational Institution
Name of the Educational Institution:-
Name and Designation of Evaluator:-
Date of Evaluation:-
Final Score of the Educational Institute:

SI. No.	Criteria	Weightage Points	Scored points by the Institute
1	Display of 'Tobacco Free Area' Signage inside	Mandatory (10)	
	the premise of Educational Institute at all		
	prominent place(s).		
	The name/designation/contact number are	Mandatory (10)	
	mentioned / updated in the signage		
2	Display of "Tobacco Free Education	Mandatory (10)	
	Institution" signage at entrance/ boundary		
	wall of Educational Institute.		
	The name/designation/contact number are	Mandatory (10)	
	mentioned / updated in the signage		
3	No evidence of use of tobacco products	Mandatory (10)	
	inside the premise i.e. cigarette/beedi butts		
	or discarded gutka/tobacco pouches, spitting		
4	spots.		
4	Poster or other awareness materials on	9	
_	harms of tobacco displayed in the premise.		
5	Organisation of at least one tobacco control	9	
_	activity during last 6 months.	_	
6	Designation of Tobacco Monitors and their	9	
	names, designations, and contact number are		
_	mentioned on the signages		
7	Inclusion of "No Tobacco Use" norm in the	9	
_	El's code of conduct guidelines		
8	Marking of 100 yards area from the outer	7	
	limit of boundary wall / fence of the EI.	_	
9	No shops selling tobacco products within	7	
	100 yards of the Educational Institute.		

Prototype of a receipt

(Name and Address of ed	ucational institution)
RECEIF Receipt No. 851	PT Date :
Received Rs (in words) from	
Section-4/Section-6/Others at	on account of fine for violation of
of the Cigarettes and other tobacco products (protrade and commerce, production, supply and disc	phibition of advertisement and regulation of
Signature of the Offender	Signature of the Authorized Officer

Abbreviations used in the Guidelines

COTPA Cigarettes and Other Tobacco Products (Prohibition of Advertisement and

Regulation of Trade and Commerce, Production, Supply and Distribution) Act,

2003

CSO Civil Society Organizations

CVD Cardio Vascular Diseases

DTCC District Tobacco Control Cell

El Educational Institutions

GATS Global Adult Tobacco Survey

NTCP National Tobacco Control Programme

STCC State Tobacco Control Cell

ToFEI Tobacco Free Educational Institution



Majhitar, Rangpo-737136, Sikkim, India Ph.: +91-3592-246353, 246220

Fax: +91-3592-246112 Email: smit@smu.edu.in, Web: http://smu.edu.in

STANDING INSTRUCTION NO 01 DATED 06 JUL 2020

HANDLING OF CASES OF INDISCIPLINE

- 1. Reference Standing Instruction No 05 dated 19 Apr 2018.
- 2. The labelling of offences and their Points and Dots accrued thereto has facilitated the Institute Authority at large in dealing with the disciplinary aspects of students. However, it is found that a number of offences committed by the students has not been included in above Standing Instruction and needs to be incorporated. Hence, after a thoughtful deliberation, the aforesaid Standing Instructions No 05 dated 19 Apr 2018 has been re-framed duly incorporating the relevant offences often committed by the students.
- Acts of Indiscipline. The following acts on the part of students during his/her course of studies at SMIT will be considered as acts of Indiscipline. Henceforth all acts of indiscipline will be labeled and graded as follows and their cumulative scores will be marked by dots as mentioned below. The acts not covered by the tables below will be examined separately in the Disciplinary Committee/Hostel Management Committee and these offences will be assigned points as deemed fit. The range of scores of each DOT and the list of offences and their individual scores are also summarized below:

(a) LEVELS OF OFFENCES AND THEIR POINTS AND DOTS :-

(i) Level -I Offences, Range: 1 - 5 (Points) • (1 dot)

S/No	Descriptions	Points
(i)	Late Entry in the hostel	01
(ii)	Missing from allotted room without any information to hostel staff during night attendance but available in the hostel	01
(iii)	Late entry in the campus by hostellers in the evening (Beyond 08.00 P.M.)	02
(iv)	Present in campus but entering late in the hostel (after 10 P.M.) without permission from hostel authority, Floor Warden.	02
(v)	Not keeping the door open during night attendance check from 10 P.M. to 11.30 P.M.	02
(vi)	Unintentional damage of college property due to negligence, e.g; causing damage to window panes while playing at unauthorized places besides sharing the financial loss.	02
(vii)	Using unparliamentarily/abusive word/racial slur to the colleagues.	02
(viii)	Caught in playing Computer games at mid/late night as an act of betting.	02
(ix)	Playing loud music in hostel room & disturbing fellow students.	02
(x)	Arguing with teacher demanding late entry or attendance for late entry in the class	02

 (xi) Creating nuisance in the class (xii) Use of mobile phones during the class and showing disobedience to the teacher (xiii) Excessive argument with teacher demanding late entry/attendance for late entry (xiv) Violating rules (Do's and Don'ts of lab') (xv) Disfiguring the walls of the room with filthy words/figures/paintings/posters (xvi) Possession, distribution and consumption of cigarette and chewable tobacco as well as smoking in the hostel. (xvii) Creating public nuisance and disturbing the natural ambience by means of shouting; burning crackers, banging doors etc. (xviii) Resisting the Security personnel in checking at the Main Gate. 	02
 (xiii) Excessive argument with teacher demanding late entry/attendance for late entry (xiv) Violating rules (Do`s and Don`ts of lab') (xv) Disfiguring the walls of the room with filthy words/figures/paintings/posters (xvi) Possession, distribution and consumption of cigarette and chewable tobacco as well as smoking in the hostel. (xvii) Creating public nuisance and disturbing the natural ambience by means of shouting; burning crackers, banging doors etc. 	
 (xiv) Violating rules (Do's and Don'ts of lab') (xv) Disfiguring the walls of the room with filthy words/figures/paintings/posters (xvi) Possession, distribution and consumption of cigarette and chewable tobacco as well as smoking in the hostel. (xvii) Creating public nuisance and disturbing the natural ambience by means of shouting; burning crackers, banging doors etc. 	
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(xvii) Possession, distribution and consumption of cigarette and chewable tobacco as well as smoking in the hostel. (xvii) Creating public nuisance and disturbing the natural ambience by means of shouting; burning crackers, banging doors etc.	03
(xvii) Creating public nuisance and disturbing the natural ambience by means of shouting; burning crackers, banging doors etc.	03
(xviii) Resisting the Security personnel in checking at the Main Gate.	03
	03
(xix) Unauthorised stay of student's in hostel for a period of 1-3 days	03
(xix) Unauthorised stay of student's in hostel for a period of 1-3 days (xi) Making wrong entry in the IN/OUT Register for hiding one's identity at Main Gate.	04
(xxi) Hostel students not entering details in the register at the main gate while leaving & returning to the campus	04
(xxii) Entering the Campus in intoxicated state.	05

(ii) Level -II Offences, Range: 6-10 (Points), •• (2 dots)

S/No	Descriptions	Points
(i)	Accumulation of multiple offences of Level-I with aggregation of scores ≥6	≥6
(ii)	Possession and consumption of alcoholic drinks as well as other banned substances (marijuana etc.) in the college campus.	06
(iii)	Having unauthorised meals in mess and being in unauthorised possession of mess utensils.	06
(iv)	Misleading Hostel Authority by hiding truth about unauthorised absence of roommate.	06
(v)	Use of information technology through various means to disturb	06
(vi)	Escorting & helping a day scholar to enter hostel without permission. Both the students will be held equally responsible.	06
(vii)	Inter Hostel Movement without permission	06
(viii)	Act of disrespect towards the Faculty/Staff Members	06
(ix)	Fighting/using abusive language with fellow students/hostel staff/Mess boys/Security guards/attenders etc., but not amounting to groupism or ragging or not resulting in physical injury to any individual.	07
(x)	Deliberate and intentional act of any kind resulting in minor financial loss to the college like unauthorised use of electrical appliances, tapping of Wi	07
(xi)	Unethical means of promoting oneself or others during Students council	08
(xii)	Helping a day scholar to have unauthorised meal in student mess, both the students will be held equally responsible.	80
(xiii)	Dodging hostel staff, TG, Floor Warden, Warden, Chief Warden when a hostel student is called to attend an official enquiry or counseling.	08
(xiv)	Unauthorised absence from hostel during night.	09
(XV)	Showing obscene postures in public place.	09



(xvi)	Proceeding on leave without getting leave approved from floor warden and making entries in the movement register.	09
(xvii)	Breach of Confidentiality (Sharing of student information, company information or any other similar act including publication in social media without permission).	09
(xviii)	Instigating fellow students for hooliganism, gherao and strike etc.	10

(iv) Level -III Offences, Range: 11-25 (Points), ••• (3 dots)

S/No	Descriptions			
(i)	Accumulation of multiple offences of Level-I and/or Level II with aggregation of scores ≥11			
(ii)	Carrying prohibited substances including alcoholic liquor in quantity suggesting that the same being carried for further distribution to fellow students			
(iii)	Possession and consumption of narcotics in hostel/college premises	15		
(iv)	Deliberate and intentional destruction of hostel/college/fellow mate's properties	17		
(v)	Offensive acts of cyber crime amounting to sexual harassment/undermining human dignity of fellow students.			
(vi)	Stealing of money or costly electronic items like Laptop, Smart watch, Mobile or Camera etc.			
(vii)	Use of abusive language and/or threatening faculty and non teaching staff of SMIT			
(viii)	Physical assault/fight causing serious/significant injury	20		
(ix)	Physical assault/fight amounting to groupism or regionalism.	21		
(x)	Keeping weapons/arms in person/room which when used can result in serious injury to other students.			
(xi)	Found in objectionable posture with opposite sex.			
(xii)	Getting involved into act of minor sexual harassment			
(xiii)	Possession of banned substances in significant amount (>20 gms) for commercial benefit.			
(xiv)	Forging documents intentionally, changing of marks during personal seeing of answer scripts.			
(xv)	Instigating fellow students for hooliganism, gherao and strike etc.	25		

(iv) Level -IV Offences, Range: 26-55 (Points), •••• (4 dots)

S/No	Descriptions		
(i)	Accúmulation of multiple offences of Level-I, Level II and/or Level III with aggregation of scores ≥26		
(ii)	Use of social media to tarnish the image of Institute, staff members and students of the Institute. Any other acts of indiscipline that tarnishes the image of the Institute.		
(iii)	Misbehavior with company representatives/faculty and staff involved during placement drive.		
(iv)	Physical assault/fight culminating into group clash with large scale repercussion including action for vacating hostel and unwanted and temporary closure of the college.	45	

(v)	Intentional creation of situations that can potentially endanger the life of	45
	fellow students or any hostel/mess/security staff. Trying to influence the selection process by using unfair/unethical means.	50
(vi)	Trying to influence the selection process by using unitariation in the selection in the se	52
(vii)	Sexual harassment of serious/very serious nature.	55
(viii)	Causing life threatening injury to fellow students or any hostel/mess/security staff.	
(ix)	Physical assault on faculty members/staff.	55
(x)	Deliberate act of mental harassment to any fellow student causing psychological trauma of serious nature amounting to ragging as per UGC	55
(xi)	Possession of narcotics in quantity indicative of intention for sale to other students	55

(v) Level-V: Accumulation Level- I offences Range: 56-80 (Points) •••• (5 dots)

	Descriptions	Points
S/No	Descriptions for the and staff involved	60
(i)	Misbehavior with company representatives/faculty and staff involved	
	during placement drive	

(vi) Level - VI: Accumulation Level-I offences Range:81-100 (Points) •••••(6 dots)

(b) Reversal of accumulated punishment points**

S/No	Criteria				
(i)	Incentives for good attendance				
	(aa)	90-100%	Reduction of 3 points	Average attendance	
	(ab)	80-90%	Reduction of 2 points	of previous as well as current semesters wil	
	(ac)	75-80%	Reduction of 1 point	be considered	
(ii)	Improvement in CGPA/Extra Curricular Activities of post punishment period by				
	(aa)	II SEM	Reduction of 1 point		
	(ab)	III SEM	Reduction of 2 points		
	(ac)	IV SEM	Reduction of 3 points		
	(ad)	V SEM	Reduction of 4 points		
	(ae)	VISEM	Reduction of 5 points		
	(af)	VII SEM	Reduction of 6 points		
	(ag)	Academic Recognition/ Citation from External Agency	Reduction of 5 points	-	
	(ah)	Awards from external agencies for sports/	Reduction of 4 points		
(iii)	Active participation and Contribution for social cause				
Viii	(a)	Blood Donation Drive, Disaster Relief, Adoption of Village and Bravery acts	Reduction of 4 points	3	

^{**}at the discretion of competent authority.



(c) Punishment for various dots :-

S/No	Dots	Points	Punishments	Remarks
(i)	•	1-5	Written warning to the students	For every offence, warning letter shall be issued and to be recorded in his/her personal file and will come up during placements. Corresponding dots will be marked in the personal file of the students.
(ii)	••	6-10	Written warning to the students with a copy to Parents/Guardian.	
(iii)	•••	11-25	Suspension for 3-4 days from the class with the provision of expulsion from the hostel.	
(iv)	••••	26-55	Suspension for 15 days from the class in addition to permanent expulsion from the hostel.	
(v)	••••	56-80	Rustication for one full semester from the class in addition to permanent expulsion from the hostel.	
(vi)		81-100	Permanent rustication from the Institute.	

- 4. The committee will not consider multiple offences within a single offence and add the points to arrive at a larger number. The most serious offence within the single offence should be taken as the benchmark for the points to be recorded against the act of Indiscipline.
- This Standing Instruction supersedes the Standing Instruction No 05 dated 19 Apr 2018.

Place : Majitar-Rangpo

Dated: 06 Jul 2020

Majihat A Rangpo Sixidm

[Prof(Dr) Ashis Sharma]

Director

To.

1. Associate Director (A)

2. Associate Director (SA)

All HODs

- All Wardens
- Head Administration
- Chief Warden
- 7. Head, SMU-IT

- To disseminate the above information to all Faculty/Student of their respective Dept.
- For uploading in Suchana (Faculty and Students)

Copy to :-

- 1. Vice Chancellor, SMU
- 2. Registrar, SMU